

## Rifle Clinic Details

### PROGRAM OVERVIEW

Saturday 9am – Registration, Range setup, Classroom, position building, dryfire.

Saturday noon – occupy 100 yard rifle range. Position building, dryfire, live fire.

Saturday 5pm – cleanup.

Sunday 10am – Classroom.

Sunday noon – Range setup, position building, dryfire.

Sunday 13:30 – live fire.

Sunday 4pm – cleanup.

The purpose of this basic course is to provide intensive training and coaching while at same time offering appropriate levels of instruction to anyone else interested in High Power Rifle competition.

### COURSE OBJECTIVES

To familiarize shooters with the National Match competitive shooting discipline for high power service rifle. Upon completion of this course, a shooter will be well-educated on the format and methods of service rifle competition.

### INTENDED AUDIENCE

The primary audience for this event is shooters with little or no prior experience shooting service rifle in the National Match format. Experienced National Match shooters are also welcome.

Attendees must be of sufficient size and strength to fire a service rifle from the offhand position without external support. This course is not recommended for persons who have no previous experience operating firearms. This is not a basic safety and familiarization course.

### PERSONAL EQUIPMENT REQUIRED

Students shall supply their own rifles and ammunition, please bring at least 100 rounds of functional ammunition per day. Unless you are absolutely sure your rifle will tolerate steel-case ammunition, steel-case ammunition is NOT recommended for this event. Students will need a minimum of 2 functional magazines for their rifles. Students should have a basic zero; (be able to hit a 24" x 24"; target at 100 yards) for their rifle PRIOR TO this course. If you do not already have a basic zero for your rifle, coaches will attempt to help you obtain that zero, but such activities will diminish time available for training in the intended courses of fire. If the student has a rifle that requires a specialized sight-adjustment tool, it is the responsibility of the student to furnish that tool.

### GOOD EXAMPLES OF A SERVICE RIFLE

AR15 with iron sights (optics permitted)

M1A or M14

M1 Garand

1903 Springfield

### ALTERNATE SUITABLE RIFLES

At a minimum, shooters will need a repeating rifle that is capable of either holding a magazine of at least 5 rounds, or which has an internal magazine that can be loaded from an open bolt. Please bring at least 2 magazines capable of holding 5 rounds of ammo for the rifle you will bring to the clinic.

Please bring at least two stripper-clips if you are firing a rifle that uses stripper-clips for loading.

### USE OF OPTICAL SIGHTS

Rifles with optical sights are permitted for this event.

However, shooters will learn more from this program if iron sights are used.

### RECOMMENDED PERSONAL ACCESSORIES

Adjustable sling - that attaches to the front and rear of the rifle in order to use as an aid in supporting the rifle while in the sitting and prone position. An adjustable military-type sling is recommended. The

proper use of a military-type sling will be a featured part of the clinic as a sling is the only form of support permitted during any portion of a regular match.

Shooting mat - to use for the sitting and prone position. The shooting mat; may support and protect your body. The mat may not support the rifle.

Heavy glove - to be worn on the non-trigger hand. This will provide padding between the sling and the hand. Use of a tight sling without a glove is usually uncomfortable.

Spotting scope or optic: Some sort of telescopic device that will allow you to see your bullet holes at 100 yards. Typically, a 15x+ power scope is sufficient to see holes at 100 yds. Optimally, a spotting scope on a stand would work best, but a rifle mounted optic or hand held optic will also work for the purposes of this particular event.

Rain gear - if you have it, bring it. The firing point is covered, but the ground may be wet, and the event will require shooters to walk downrange to score and repair targets even if it is raining.

Waterproof footwear - is recommended.

Pen, paper or device - for note-taking.

### **DISALLOWED EQUIPMENT**

Sandbags, bipods, and other forms of external support; are not permitted for service rifle competition.

.22 rimfire is not suitable for this event.

Any caliber larger than .33 is disallowed for competition under NRA rules.

Single-point tactical slings are not suitable.

### **EAR PROTECTION**

Ear protection is mandatory.

Please bring effective ear protection.

### **EXCESSIVELY-LOUD MUZZLE-BRAKES**

Especially loud, obnoxious, blasty-type muzzle blast amplifiers are specifically forbidden for NRA and CMP competition per NRA rule: 3.16.1. If your rifle is equipped with such a device, it may not be grounds for disqualification from this event per se, depending on the severity of the back-blast generated. If you have a choice between two rifles, and one of them has a muzzle brake that loosens teeth-fillings and pummels the sinuses on shooters on both sides of you, and which aggravates everybody on the firing line, you already know you are THAT GUY. Don't be THAT GUY. Please bring your OTHER rifle that does not punish the shooters and coaches alongside you. Common bird cage type muzzle devices such as the A2 version on an AR15, and the slotted M14 flash suppressor, do not generate excessive side-blast toward other shooters, and are legal muzzle devices for NRA and CMP competitions.

### **EYE PROTECTION**

Eye protection is not mandatory under rules of NRA, CMP, or Rivanna Rifle and Pistol Club.

However RRPC and VFEMI strongly encourages shooters to wear eye protection at all times while on the range. Shooters should be aware that many ranges have club rules that do require the use of eye protection for high power rifle competitors. Get used to wearing it.

### **ATTIRE**

The majority of this course will be spent entirely outdoors. Take note of the season since this clinic is being held in late March. Bring enough clothes keep you warm (or cool) outdoors in severely cold (or hot) weather for several hours.

### **FOOD**

Bring your own lunch and beverages. Meals and beverages are not provided. Remember to stay hydrated! Commercial food service is not available at the site. There is no time allotted in the program for participants to leave the facility to obtain lunch off-site. (or any convenient location to go to).

### **INCLEMENT WEATHER POLICY**

Event will occur rain-or-shine